



# St. Kevin Religious Education Program

12525 S.W. 42<sup>nd</sup> Street • Miami, Florida 33175  
Telephone: (305) 223-2469 • Email: stkevinrep@gmail.com  
Website: www.stkevinrep.org

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## FIRST COMMUNION – THINGS TO LEARN, Part II

Dear Parents:

*As part of your child's preparation for First Communion, your child will need to learn several concepts and prayers throughout the year.*

*For the month of November, we are assigning the second set of concepts and prayers that your child needs to learn and memorize. They include the **Seven Sacraments** as well as the **Act of Contrition** and the **Ten Commandments**, as your child will soon be preparing for the sacrament of Reconciliation.*

*In December, we will be evaluating to see whether or not your child has learned these concepts and prayers. We are asking for your help by going over and praying the prayers together with your child, as well as reviewing the concepts with them at home. The best way for them to learn these prayers and concepts is to pray them every day and to talk about them as a family!*

*Thank you, and God bless you.*

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### ACT OF CONTRITION

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior, Jesus Christ, suffered and died for us. In his name, my God, have mercy. Amen.

### THE TEN COMMANDMENTS

1. I am the LORD your God: you shall not have strange gods before me.
2. You shall not take the name of the LORD your God in vain.
3. Remember to keep holy the LORD's day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

### THE SEVEN SACRAMENTS

1. Baptism
2. Eucharist
3. Confirmation
4. Reconciliation
5. Anointing of the Sick
6. Holy Orders
7. Matrimony